ADR Monthly Series for Educators

JANUARY 2025





Thinking with Conversational Capacity

"Don't believe everything you think."

"Treat anyone who disagrees with you as the most valuable person in the room."

"It's the people who see things differently that provide the most value. I have a view of 'reality' in my head, and you have a view of reality in yours. Let's put them together to see what we can learn about this choice we're facing."

~ Craig Weber

Increasing Your Conversational Capacity

- Find the Sweet Spot:
 Balance candor and curiosity.
- <u>Ladder of Inference</u> (2 min video): Your brain is a filter. Understand how your brain climbs the ladder.



Link to all ADR Monthly Tips for 24-25